



HEFFTER
RESEARCH INSTITUTE

The Heffter Research Institute funds scientific research with psychedelics to contribute to a greater understanding of the mind and to alleviate suffering. Heffter-funded scientists have designed the leading studies investigating depression, anxiety, addiction, consciousness, and the basic science behind microdosing and psychedelic therapy.

WHAT'S AT STAKE

This research will work to find solutions for people living with depression, anorexia, alcoholism, drug addiction, and other ailments impacting their quality of life. With your donation, scientists will be a step closer to proving the efficacy of these medicines.

Heffter scientists believe this research has the ability to improve millions of lives. Heffter is working with researchers at New York University, Johns Hopkins University, University of Alabama-Birmingham, the University of Zürich, and other institutions to uncover these important answers.

OPPORTUNITIES TO GIVE

Current and upcoming studies in need of funding support, with rough cost estimates, include:

TOP PRIORITY

ANOREXIA NERVOSA | \$300,000

Feasibility pilot study with 12 patients will pave the way for a definitive study of the impact psilocybin has on eating disorders, which have the highest mortality rate of any mental illness.

OPIOID DEPENDENCE | \$350,000

Pilot study building on other psilocybin addiction research will seek to discover how psilocybin-assisted treatment could mitigate the opioid epidemic.

ALZHEIMER'S | \$800,000

Two studies: one will explore treating emotional distress resulting from early-onset Alzheimer's diagnoses; the other will investigate psilocybin-assisted treatment for caregivers and family members of Alzheimer's patients.

DEPRESSION & ANXIETY | \$380,000

Research to measure the clinical effect psilocybin has for stress-induced depression and anxiety.

PTSD | \$380,000

Study on the clinical effects of psilocybin facilitating the recovery from the fearful memories and other symptoms for patients with PTSD.

COCAINE DEPENDENCE | \$500,000

Study evaluating psilocybin as a treatment for cocaine dependence.

By contributing financial support to this research, you can make a difference in understanding human consciousness and alleviating suffering. To make a tax-deductible donation online visit heffter.org/donate or write to us directly at donate@heffter.org.

OTHER AREAS OF INTEREST

MECHANISM OF PSYCHEDELIC ADDICTION TREATMENT | \$750,000

Identification of the mechanisms that make psilocybin effective in treating addiction.

LSD & ALCOHOL DEPENDENCY | \$850,000

Research on the impact that LSD can have on improving addiction treatments.

MDMA VS PSILOCYBIN THERAPEUTICS | \$350,000

Study evaluating the similarities and differences between MDMA and psilocybin therapies.

EMOTION, CREATIVITY & COGNITION | \$400,000

Research on psilocybin enhancing creativity and cognition.

PSILOCYBIN GROUP THERAPY PROCESS | \$350,000

Examination of psilocybin group therapy process and outcomes.

PSYCHOTHERAPIST EDUCATION WITH PSILOCYBIN | \$50,000

Educational training workshop on the psilocybin experience for psychotherapists.

SPIRITUAL VS NON-SPIRITUAL | \$300,000

Study of psilocybin effects in "spiritually-oriented" vs "non-spiritually-oriented" volunteers.

PSILOCYBIN VS MUSHROOMS | \$350,000

Comparison of chemically synthesized psilocybin with psilocybin naturally occurring in mushrooms.

SSRI-PSILOCYBIN INTERACTION | \$500,000

Study on how psilocybin interacts with an SSRI antidepressant.

LSD MICRODOSING | \$500,000

Study measuring and characterizing the cognitive and psychological impact of microdosing.